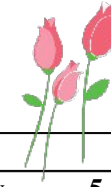




May 2011 CAC/COVENANT/CHAI HAPPENINGS



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 11am Exercise with Jill Abrams 3pm Yom Hashoah Commemoration at Share Emeth	2 9am Chinese ESL 11:15am T'ai Chi Class 6pm Tenant Council Meeting	3 10am ESL Class 11am Class in Motion	4 9am Podiatrist*** 11am Chair Yoga 7pm Yiddish Club	5 9:30am Mobile Library 11am Class in Motion 1pm JCC Meal Reservations 1:30pm Mother 's Day Program with Bob Cohn*** 6pm JCC Mother's Day Party	6 10am ESL Class 11am Chair Yoga 1pm Friday Club with Armen Ovchiyev 5pm Traditional Shabbat Dinner***	7 9:30am Shabbat Service 6:30pm Tenant Council Bingo
8 11am Exercise Jill Abrams Mother's Day	9 9am Chinese ESL 9:30am Legal Advice*** 10:30am Book Mobile Visit at Covenant I 11:15am T'ai Chi Class 1:30pm JCC Support Council/ Menu Meeting 7pm Yiddish Club Yom Ha'atzmaut	10 10am ESL Class 11am Class in Motion 6pm JCC Israeli Independence Day Party with Tommy Goldenberg	11 9am Podiatrist*** 11am Chair Yoga 6pm JCC Healthy Living Presentation	12 11am Class in Motion 1pm Ring-a-Long Sing-a-Long with Troy Jones 1pm JCC Meal Reservations Exterminator***	13 10am ESL Class 11am Chair Yoga 1pm Movie: <i>Country Strong</i> 5pm Traditional Shabbat Dinner***	14 9:30am Shabbat Service 11:30am Birthday Kiddush 6:30pm Tenant Council Bingo
15 11am Exercise with Jill Abrams	16 9am Chinese ESL 11:15am T'ai Chi Class 7pm Yiddish Club	17 10am ESL Class 11am Class in Motion 1:30pm Book Chat with Jane Thompson 6pm JCC Healthy Living Presentation	18 9am Podiatrist*** 11am Chair Yoga	19 9:30am Mobile Library 11am Class in Motion 12pm JCC Meal Reservations 1pm Dessert Reception to Welcome Joan Denison*** 6pm JCC White Elephant Bingo	20 10am ESL Class 11am Chair Yoga 1pm Movie: <i>The King's Speech</i> 5pm Traditional Shabbat Dinner***	21 9:30am Shabbat Service 6:30pm Tenant Council Bingo
22 11am Exercise with Jill Abrams	23 9am Chinese ESL 11:15am T'ai Chi Class 1pm Arts and Crafts 7pm Yiddish Club	24 10am ESL Class 11am Class in Motion	25 9am Podiatrist*** 11am Chair Yoga 1:30pm When Food is Love*** 1:30pm Blood Pressure with Health Line Home Care	26 11am Class in Motion 1pm Ring-a-Long Sing-a-Long with Troy Jones Exterminator***	27 10am ESL Class 11am Chair Yoga 5pm Traditional Shabbat Dinner***	28 9:30am Shabbat Service 6:30pm Tenant Council Bingo
29 11am Exercise with Jill Abrams	30 Memorial Day Office and Meal Site Closed 1pm Movie: <i>Little Fockers</i>	31 10am ESL Class 11am Class in Motion 6pm JCC Birthday Party with Art Bernabo	Library Hours: Mon-Fri: 9:30 am-4 pm Many thanks to our funders MEAAA and the Jewish Federation	<i>*During weekly Monday T'ai Chi (11:15am-12pm), please do not use Cov II MPR to play mahjong or other games. Please use Friendship Rm instead</i>	Tenants receiving Schnucks cards and JF&CS food boxes: Pick-up first Thurs each month, CHAI MPR, 9:30AM-11AM. Questions about eligibility? Call Regina at 432-1610.	Beauty Shop 997-5903 Nutrition 442-3149 Rehab Professionals 991-1978 NORC Programs Call Laura Press Millner – 442-3255

Events with ***require a reservation, appointment, or ticket in advance of event.
 "REMEMBER TO CHECK YOUR BULLETIN BOARDS FOR MORE DETAILS!!"